



# **Building Homes for Heroes**

## **Army Sergeant Kevin Sosa**



## **Palm Coast, Florida**





# Sergeant Kevin Sosa

## Hero Story



Army Sergeant Kevin Sosa joined the US Army in Jacksonville, Florida in January of 2004. It was his belief that it was his path to serve the country. He calls the decision to join the military the best decision of his life.

Sergeant Sosa carried out three combat tours in Iraq. During his last two tours, he was in the proximity of many IED blasts. These explosions are underlying reasons for his traumatic brain injury and severe posttraumatic stress disorder. Sergeant Sosa also suffers from the effects of an injured back, and knee and shoulder strains. He has an 80% disability rating.

The years of war in Afghanistan and Iraq have brought PTSD among military personnel to the attention of the American people as never before. Blast waves from explosions rattle the brain and can cause traumatic brain injuries which are often linked to PTSD. Most PTSD sufferers repeatedly relive the trauma in their thoughts during the day and in nightmares when they sleep. While the condition varies from person to person, more and more studies have linked PTSD with chronic depression and suicidal ideation.

Sergeant Sosa received the Army Commendation Medal (5x), Army Good Conduct Medal (2x), National Defense Service Medal, Global War on Terrorism Service Medal, Iraq Campaign Medal with 4 Campaign Stars, Army Service Ribbon, Overseas Service Ribbon (3x), and the Combat Action Badge.

Sergeant Sosa, his wife Kendra, and their three children would like to reside in Palm Coast, Florida.





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Sergeant Kevin Sosa carried out three combat tours in Iraq.





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Sergeant Sosa and wife Kendra.





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The Sosa family would like to reside in Palm Coast, Florida.

